USMLE Step 2 Clinical Skills (CS)

Erfahrungsbericht

Anna Cho

USMLE Step 2 Clinical Skills (CS)

- **Meine Prüfung:** 12.3.2019

- Erste Prüfung von allen USMLE Prüfungen

- **Wieso?**
  - Optionen - nach Studium / FA-Ausbildung
  - Zukünftige *„Clinical Fellowships"* in den USA
  - Kennenlernen von anderen Gesundheitssystemen

Inhalt

- Was ist USMLE Step 2 CS überhaupt?

- Was kostet die Prüfung?

- Wie funktioniert die Anmeldung?

- Welche Prüfungszentren gibt es?

- Wie bereitet man sich vor?

- Wie schaut die Prüfung am Prüfungstag aus?

Was ist USMLE Step 2 CS überhaupt?

- **Teil der USMLE Prüfungen bzw. praktischer Teil von Step 2**

- **dient zur Überprüfung von …**
  - **klinische Fähigkeiten,**
  - **Umgang mit Patienten**
  - **und medizinische Umgangssprache**

- **unabhängig von anderen USMLE Prüfungen**

- **keine „richtige" Reihenfolge**

Aufbau der Prüfung

- **<u>Dauer:</u> insgesamt bis zu 8 Stunden für 12 Fälle**

- **25 Minuten pro Fall**
  - **15 min für „Patient Encounter":**
    - Anamnese
    - Symptom-orientierte physikalische Untersuchung
    - Aufklärung über weiteres Procedere (Blutabnahme, Bildgebung)
    - Beratung über Lebensstillmodifikation
    - Fragen von Patienten
  - **10 min für "Patient Note" am PC**

Aufbau der Prüfung

- **mit kurzen Pausen…**

    - **nach 3. Fall: 10 min**

    - **nach 6. Fall: 30 min - Mittagspause**

    - **nach 9. Fall: 10 min**

Kosten

Application for ECFMG Certification

	Fee(s)	How to Apply	More Information
Application for ECFMG Certification	$135	on-line using IWA	Application for ECFMG Certification

Examination

	Fee(s)	How to Apply	More Information
Step 2 CS	$1,580 - Examination Fee	on-line using IWA	Examination Requirements

- ab Anmeldungsdatum: Prüfungszeitrahmen für ein Jahr

- Prüfungstermin innerhalb dieser Zeit selbstständig vereinbaren

Kosten

Was ist wenn ich die Prüfung innerhalb der Prüfungszeit von einem Jahr nicht machen kann?

Example: Appointment Change Fees for CS Examinations Fees (listed in US dollars) effective as of January 1, 2019		
Scheduled Test Date	**Cancel Date(s)**	**Fee**
July 15	On or before June 30	No Fee
	July 1 – July 12	$400
	July 13	$645
	July 14	$1290

>15 Tage: keine zusätzlichen Gebühren

Anmeldung

onlineservices@ecfmg.org

Your USMLE Step 2 CS Exam Application

To: Anna Cho <anna.cho@live.at>

Inbox - Exchange   6. November 2018 at 09:20

Dear Anna Cho:

Your USMLE® Step 2 CS application has been accepted. Your USMLE Step 2 CS scheduling permit is now available. To access it, log in to ECFMG®'s Interactive Web Applications (IWA) at https://iwa2.ecfmg.org. A copy is also attached for your convenience.

YOU MUST BRING YOUR SCHEDULING PERMIT TO THE TEST CENTER ON YOUR SCHEDULED DATE. You may print your permit or present it electronically (e.g., via Smartphone). If, on the day of your exam, you are unable to access the permit electronically for any reason, you must present a paper copy. We strongly encourage you to print your scheduling permit at least several days in advance of your scheduled test date to avoid any problems accessing or printing your permit on test day.

Refer to the instructions on the scheduling permit to schedule your test date.

Please note: ECFMG may provide your medical school with data on your USMLE performance. You have the option to withhold the result of this Step 2 CS administration from your medical school by submitting a request through IWA. Be sure you read and understand the Important Information Regarding ECFMG's Provision of Performance Data to Medical Schools at https://iwa2.ecfmg.org/perfdatanotice.asp before you submit a request to ECFMG to withhold your result from your medical school.

If you have any questions, please contact ECFMG Applicant Information Services at info@ecfmg.org or call (215) 386-5900.

Sincerely,

ECFMG Staff

Disclaimer

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Anmeldung

United States Medical Licensing Examination®
Step 2 Clinical Skills (CS) Scheduling Permit

IMPORTANT DOCUMENT - TAKE TO TEST CENTER

Name:
USMLE ID #:
Eligibility Period: 11/6/2018 12:00:00 AM - 11/6/2019 12:00:00 AM

This Scheduling Permit authorizes you to sit for Step 2 CS during the period noted above. **You must bring this permit to the test center in order to take your exam. You may print this permit or present it electronically (e.g. via Smartphone).**

If, on the day of your exam, you are unable to access the permit electronically for any reason, you must present a paper copy. Review the *USMLE® Bulletin of Information* on the USMLE website, www.usmle.org, for specific scheduling and testing procedures. Test center addresses and travel information are available on the Clinical Skills Evaluation Collaboration (CSEC) website at http://www.csecassessments.org/test-centers/.

1. **SCHEDULE A TEST DATE:** If you need results by a deadline, review the Step 2 CS Reporting Schedule on the USMLE website prior to scheduling. To schedule an appointment, you can access Step 2 CS Calendar and Scheduling on the ECFMG website at www.ecfmg.org. You will be required to login using your USMLE/ECFMG Identification Number and on-line services password. On-line scheduling is generally available 24 hours a day, 7 days a week. You will be prompted to print out your

Name: Cho Anna
USMLE ID #:
Eligibility Period: 11/6/2018 12:00:00 AM - 11/6/2019 12:00:00 AM

This Scheduling Permit authorizes you to sit for Step 2 CS during the period noted above. **You must bring this permit to the test center in order to take your exam. You may print this permit or present it electronically (e.g. via Smartphone).**

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○ **WHAT TO BRING:** Bring this Scheduling Permit, a white laboratory coat, stethoscope, and only necessary personal items with you to the test center.

○ **PERSONAL ITEM STORAGE:** A small open storage cubical in a locked area and coat rack are available. **You must place all of your personal items, including cell phones, pagers, personal digital assistants (PDAs), watches, wallets, and two-way communication devices in the cubicle provided and turn them off before storing them.** Luggage may not be stored at the center.

5. **END OF TEST DAY:** The test center staff will provide you with a letter that confirms you appeared at the center to take the examination.

11/6/2018 12:00:00 AM

Anmeldung

Anmeldung

Anmeldung

Anmeldung

Select a test center to view the calendar of available test dates within your eligibility period at that center.

TEST CENTERS

● Philadelphia

○ Atlanta

○ Los Angeles

○ Chicago

○ Houston

February 2020						
S	M	T	W	T	F	S
						1
2	3 AM	4 AM	5	6	7	8
9	10	11	12	13	14	15
16	17	18 AM	19 AM	20 AM	21 AM	22
23	24 AM	25 AM	26 AM	27 AM	28 AM	29

- No testing spaces available or the test center is not open for testing
- 3 or more testing spaces available
- 2 or fewer testing spaces available

AM - Morning session
PM - Afternoon session

Anmeldung

Welches Prüfungszentrum nehme ich am besten?

Anmeldung

5 Prüfungszentren:

1) **Atlanta**

2) **Los Angeles**

3) **Chicago**

4) **Philadelphia**

5) **Houston**

Anmeldung

5 Prüfungszentren:

4) Philadelphia

- das Prüfungszentrum für alle "East Coast Universities"

- sehr wenige IMGs - an meinem Prüfungstag: nur ich

- „schwieriger", „nicht gut verständliche Aussprache von Schauspieler"

+   sehr viele Termine (außer September - Dezember)

Anmeldung

5 Prüfungszentren:

5) Houston

+   sehr wenige AMGs, daher „besserer"/"einfacher"

- / + das beliebteste Prüfungszentrum für IMGs

-    sehr schwierig Termine zu bekommen,

außer bei frühzeitiger Planung von 3-6 Monate

Vorbereitung

Wie bereite ich mich am besten vor?

Vorbereitung

ca. 50 USD

Vorbereitung

Andere Anbieter:

Vorbereitung

Andere Anbieter: http://usmle-cspractice.com

Meine Vorbereitungszeit

- **ca. 4 Wochen**

- nach der Arbeit, je nach Tagesverfassung

- **unter der Woche**: (fast) täglich, ab 18.30 oder später …

  - Skype Partner oder MitbewohnerInnen: 2-3 Fälle

  - Tippen. Tippen. Noch mehr Tippen..

- **am Wochenende**:

  - ersten 2 Wochen nur Sonntags, dann die letzten 2 Wochen Sa+So

  - Live Partner in der Bibliothek oder Coffee Shop: 5-6 Fälle

  - Tippen. Tippen. Noch mehr Tippen..

  - Fehleranalyse von der gesamten Woche

Prüfung

Wie läuft die Prüfung ab?

Tag vor der Prüfung

- **empfohlen sich zu entspannen**

- *bei mir*:
    - **wichtigsten Notizen am Vormittag angeschaut**
    - **Prüfungszentrum gesucht + Taxi für den Prüfungstag bestellt**
    - **ab Nachmittag nicht mehr an die Prüfung gedacht**
    - **sehr früh schlafen gegangen**

Am Tag der Prüfung

- **Folgende Sachen sind zum Mitbringen:**

  - **Weißer Mantel - wenn möglich ohne Logo**

  - **Stethoskop**

  - **Ausweis (Reisepass)**

  - **Bescheid über Prüfungsanmeldung**

  - ***optimal: Snacks***

Am Tag der Prüfung

- **Nicht erlaubt**

Am Tag der Prüfung

- **Insgesamt 24 TeilnehmerInnen**

- **Anmeldung am Front Desk**

- **2 Nummerschilder für den Mantel, z.B. Rot/Blau #1-12**

Am Tag der Prüfung

- **Spind und Sitzplatz mit der gleichen Nummer**

Prüfungsablauf

- **Zu Beginn: Video über den Testablauf (online)**

- **Möglichkeit um die Patientenliege, Blutdruckmanschette, Otoskop, aber auch Seife und Desinfektionsmittel (Zeit bis Eintrocknen des Desinfektionsmittels) auszuprobieren**

Prüfungsablauf

- **Aufteilung in den Gruppen, Aufstellung nach Nummer**

- **Betreten vom Prüfungsbereich**

Prüfungsablauf

EXAMINEE INSTRUCTIONS - ARIEL BINGHAM

1. Opening Scenario

Ariel Bingham, a 32-year-old female, has come to the physician's office today because of headaches.

2. Vital Signs

Temperature: 98.2°F (36.8°C)

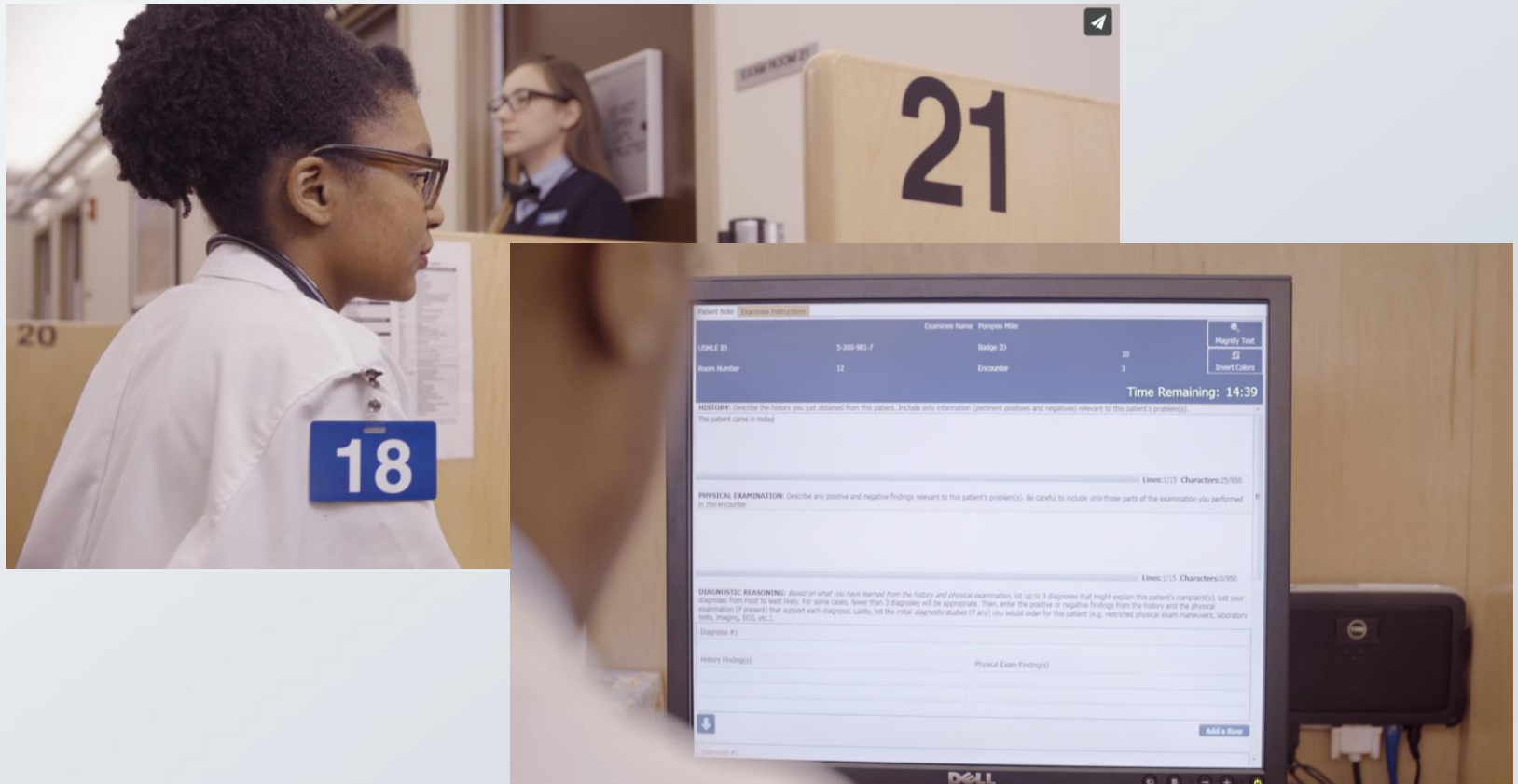**Blood Pressure:** 110/70mm Hg

Heart Rate: 74/min

Respirations: 16/min

Prüfungsablauf

Prüfungsablauf

Prüfungsablauf

Nach der Prüfung

Abwarten …

Nach der Prüfung

www.goinginternational.eu

Nach der Prüfung

Cho, Anna
USMLE ID: ▓▓▓▓▓▓▓▓▓   **Test Date:** March 12, 2019

The USMLE is a single examination program consisting of three Steps designed to assess an examinee's understanding of and ability to apply concepts and principles that are important in health and disease and that constitute the basis of safe and effective patient care. Step 2 is designed to assess whether an examinee can apply medical knowledge, skills, and understanding of clinical science essential for the provision of patient care under supervision, including emphasis on health promotion and disease prevention. The inclusion of Step 2 in the USMLE sequence is intended to ensure that due attention is devoted to principles of clinical sciences and basic patient-centered skills that provide the foundation for the safe and competent practice of medicine. There are two components to Step 2: a Clinical Knowledge (CK) examination and a Clinical Skills (CS) examination. This report represents results for the Step 2 CS examination only. Results of the examination are reported to medical licensing authorities in the United States and its territories for use in granting an initial license to practice medicine. The overall Pass/Fail outcome provided below represents your result for the administration of the Step 2 CS on the test date shown above.

Overall Pass/Fail Outcome
PASS

The overall outcome for Step 2 CS, reported above, is based upon the minimum passing levels set by USMLE for the three Step 2 CS subcomponents. The three subcomponents are Integrated Clinical Encounter (ICE), Communication and Interpersonal Skills (CIS), and Spoken English Proficiency (SEP). It is necessary to pass all three subcomponents in order to obtain an overall passing outcome on the Step 2 CS. Results for the three Step 2 CS subcomponents are reported below.

ICE	*CIS*	*SEP*
PASS	**PASS**	**PASS**

Beurteilung der Prüfung

- **Integrated Clinical Encounter (ICE)**

- **Communication and Interpersonal Skills (CIS)**

- **Spoken English Proficiency (SEP)**

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ICE	CIS	SEP
PASS	PASS	PASS

Um die Prüfung positiv zu bestehen,

müssen _alle drei Teile_ positiv absolviert werden !

USMLE Step 2 CS…..

- **sehr anstregender Prüfungstag**

  - **Vorbereitung und Routine**

- *Selbstbewusstsein und Empathie*

Danke für Ihr Interesse

Anna Cho

get further Information by

www.goinginternational.eu