## Stark, Michael, Prof. h.c., MD, Berlin, Deutschland

President of the New European Surgical Academy (NESA), Berlin; Chairman of the departments of obstetrics and gynaecology, HELIOS hospitals group in Germany and Austria, Fulda, Germany; Medical Director of the "Birthing-Together-Project" in the Palestinian-Israeli Maternity Hospital, planned on the border between Negev and the Gaza Strip

Präsident der New European Surgical Academy (NESA), Berlin; Fachgruppenleiter der Abteilungen Geburtshilfe und Gynäkologie, HELIOS Kliniken in Deutschland und Österreich, Fulda, Deutschland; Medizinischer Direktor des geplanten "Birthing-Together-Project", Palestinian-Israeli Maternity Krankenhaus, an der Grenze zwischen Negev und dem Gaza-Streifen

## The New European Surgical Academy (NESA)

The New European Surgical Academy (NESA) was founded in 2004 by experienced surgeons from different disciplines, as an initiative to re-evaluate existing surgical procedures, and if necessary to optimise and rationalise them, to introduce new surgical procedures and ideas, and to share the gathered know-how with countries with limited resources. The disciplines represented in NESA are general surgery, otolaryngology, urology, obstetrics & gynaecology and anaesthesiology.

Surgical procedures are composed of many movements and combinations of movements. They all have their particular origin, purpose and way of performance but sometimes they originate from traditions which have not necessarily been subjected to randomised prospective studies and comparisons with alternatives. Some surgical steps are dispensable or may even cause complications. After in-depth analysis NESA has promoted some alternative surgical procedures, such as the modified caesarean section and the Ten Steps Vaginal Hysterectomy. The NESA analyses common surgical procedures for the necessity of each surgical step, and where necessary, they look for better ways of working. Members from 26 countries take part in the activities of NESA. They mostly come from Europe, but also from other countries, such as the United States, Brazil, China, Vietnam, Senegal, etc. The members are composed of general surgeons, medical departments, hospitals, as well as various institutions and organisations, such as the Danish Association of Surgeons and the German Association of Obstetrics and Gynaecology. NESA is also involved in projects promoting the exchange of surgical know-how with international organisations.

The "NESA days" take place once a year, each time in a different country. The next meeting, the "NESA days 2006", will be held at the Hilton Hotel in Berlin on 20-21 January 2006. The motto of this conference will be "Optimising Endoscopy". It will be an interdisciplinary endoscopical conference, where leading and experienced surgeons, urologists, gynaecologists, otolaryngologists and anaesthesiologists from Europe and the United States will share their knowledge and experience with the participants. Moreover the conference will be an opportunity for surgeons from different disciplines to engage in mutual dialogue and to be stimulated to adapt the innovations and developments from other surgical fields for their own disciplines. Findings on basic sciences such as proteomics and tumor antigens, which are of utmost importance to all participants, will also be introduced.

The conference will be conducted through English, as participants from many countries are expected. Contact and information:: www.nesa-days.com/

EVA: Achtung – sollte nahe bei NESA Congress sein, und / oder soll die Kontaktmöglichkeit dabei sein - Contact and information: / Tel.: +49 30 9401-2993 / Fax : +49 30 9401-2430 Mail : mstark@nesacademy.org