

V. World Congress for Positive Psychotherapy

9.-12. October 2010, Istanbul, Turkey

„Positive Psychotherapy in a Globalized World

Trans-Cultural and emotional perspective of Positive Psychotherapy in a globalized world – language of World Unity”

8. October 2010: International Training for Trainers (pre-congress)

13. October 2010: Administrative Meetings (post-congress)



WORLD ASSOCIATION OF POSITIVE PSYCHOTHERAPY (WAPP)
INTERNATIONAL ACADEMY OF POSITIVE AND TRANSCULTURAL
PSYCHOTHERAPY – PEESCHKIAN FOUNDATION (IAPP)
EUROPEAN FEDERATION OF THE CENTERS FOR POSITIVE PSYCHOTHERAPY
WIESBADEN ACADEMY OF PSYCHOTHERAPY (WIAP)
PSYCHIATRIC ASSOCIATION OF TURKEY

Second Announcement (June 2010)

Dear Colleagues, dear Guests, dear friends of Positive Psychotherapy!

We are happy to invite you for the 5th World Congress for Positive and Transcultural Psychotherapy between 9th and 12th of October 2010 in Istanbul, Turkey. Moreover there will also be 11th International Training Seminar for Trainers (ITS) on October 8th (pre-congress), and some additional board meetings on October 13th (post-congress).

Prof. Dr. Nossrat Peseschkian, the founder of Positive Psychotherapy, who has recently passed away, often quoted Goethe as follows:

“He who knows himself and others will realize that Orient and Occident cannot be separated any more“. The painful loss of Nossrat Peseschkian has moved the whole world of Positive Psychotherapy. The topic of this World Congress was very much at the center of his heart and vision: **Trans-Cultural and emotional perspective of Positive Psychotherapy in a globalized world – language of World Unity**. To us this topic now offers the opportunity to continue and strengthen our service to mankind providing psychotherapeutic concepts and competences that are both positive and transcultural.

We expect several hundred participants - physicians, psychologists, psychotherapists, social workers, pedagogues and mental health professionals.

All these participants will have the opportunity to discuss with colleagues from more than 20 countries, different ethnical backgrounds, various generations and from many psychotherapeutic

schools about the applications and developments of psychotherapy in general, and Positive Psychotherapy in particular.

The scientific program will feature an interesting blend of keynote-lectures from pioneers of psychotherapy, plenary sessions on important aspects of Positive Psychotherapy, as well as lectures, seminars, workshops and poster-presentations.

After the congress hours the participants will be able to enjoy the beauties of Istanbul, cultural capital of Europe 2010, which – as the city of two continents – perfectly symbolizes Positive Psychotherapy’s vision of corporation between East and West. Hopefully the participants will have taken this idea about Istanbul as memories to their hearts when they return to their homes.

In the spirit of trans-cultural cooperation also the Positive Psychotherapy-Awards 2010 will be presented by the Peseschkian Foundation.

We appreciate that the congress is supported and sponsored by the Turkish Association for Psychiatry, valuing the long-standing and intensive engagement of Positive Psychotherapy in Turkey, by one of Turkey’s most honorable professional organizations.

Merhaba! Welcome to Istanbul 2010!

For the International Organisers:
World Association of Positive Psychotherapy and
Peseschkian-Foundation



Building Bridges between Cultures

June 8, 2010
Istanbul

Dear friends of Positive Psychotherapy,

I have the pleasure to invite you to the 5th World Congress on Positive Psychotherapy to be held in Istanbul, Turkey on 9-12 October 2010.

We have been working very hard with great enthusiasm on managing a memorable World Congress in Istanbul this year. We know that Istanbul -as a fascinating city- attracts many people to itself from all around the world. But our objective is to attract colleagues, associates, researchers, students, experts and all others with other virtues such as scientific quality of our congress as well. We focused on defining some new topics and inviting interesting keynote speakers so that the scientific scope of the congress can address to both old and new members of our community.

Prestigious institutions (i.e: Turkish Medical Association and Psychiatric Association of Turkey) are supporting the world congress this year. Our trainings will be accredited by TMA (Turkish Medical Association) as well as the WAPP (World Association of Positive Psychotherapy).

We also worked on an attractive social program in order to let participants enjoy their free times during the congress. I am sure many of you will fall in love with natural and historical beauties of Istanbul.

We still feel the sorrow of losing our beloved founder Prof. Dr. Nossrat Peseschkian unexpectedly and untimely. We are going to devote this year's World Congress in his memory and we will extend our farewell wishes to him from Istanbul. We believe his memory will continue encouraging and us and keeping us together as he did in his life.

I sincerely hope that you will join us in making POSITUM2010 a successful world congress.

Let us meet in Istanbul where the continents and cultures meet each other.

Dr. Rukiye Hayran Chairperson and Host of
5th World Congress of Positive Psychotherapy
POSITUM2010

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For further organisational information:

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positum@minasturizm.org

Participants

Physicians, psychologists, psychiatrists, psychotherapists, educators, professionals in the social occupations, executives in hospitals, health insurances, economics and politics. Family members and children are welcome.

Deadlines

1st August 2010:

Submission deadline for presentations, symposia and workshops and abstracts (maximum 200 words).

Congress Fees

Participants: 190 Euros

Students, candidates: 140 Euros

Participants who fulfil the criteria will automatically obtain membership of WAPP for 1 year.

Call for Presentations

Proposals are accepted for presentations, workshops etc. on the Congress topics (but not limited to them).

Please submit an abstract of your papers, posters, workshops etc. to wapp2010@positum.org

Important Note/Checklist:

Please consider the following 5 points:

- 1 – Flight reservation (should be arranged individually)**
- 2 – Hotel reservation**
- 3 – Registration for the Congress**
- 4 – Submission of Abstracts**
- 5 – Nomination for Positive Psychotherapy Awards**

(Steps 2 – 5 via Congress Website)

Official Congress-Website:
www.positum2010.org

Congress Languages

Official congress language is English. Plenary sessions and large workshops, however, are translated into German, Russian and Turkish.

Approval for Continued Education:

An application for Continued Medical Education approval has been made with State Medical Chamber of Hesse, Germany

Within the Basic- and Master-Course-System of Positive Psychotherapy, participant is accredited with 30 hours.

Accommodation

Main Congress Hotel

Green Park Bostanci Hotel 5*

(Located on the Anatolian coast of Istanbul)

Special price for congress participants. Full Board (Breakfast, Lunch and Dinner included)

- Per person in a triple room: 70 EUROS per night
- Per person in a double room: 75 EUROS per night
- Per person in a single room: 120 EUROS per night

Alternative hotel very close to main Conference Hotel

Bostanci Prenses Hotel 3*

(Located 5 minutes away from Green Park Hotel) Please note this hotel is more economic but room prices are given on "Bed & Breakfast" basis. Thus you will need to pay for your lunch and dinner. Special price for congress participants (Bed & Breakfast only)

- Per person in a triple room: 50 EUROS per night
- Per person in a double room: 55 EUROS per night
- Per person in a single room: 95 EUROS per night

Room reservations must be made through our official travel company Minas Travel to benefit these special prices.

Please fill in the reservation request form for booking. You will be contacted by Minas Travel agency shortly with payment details.

Hotel Reservations via official website:

www.positum2010.org

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Congress Topics

- Positive Psychotherapy -

Globalization & Societies	Positive Psychotherapy in the Age of Globalization and Radicalization
	Economics, Politics, Culture, Society and Philosophy in Dialogue with Positive Psychotherapy
	Religion, Psychotherapy and Zeitgeist from a transcultural perspective - 4 types of reaction
	Giving Meaning and Finding Meaning as Cooperation between Religion and Science
	Strategies for salving different prejudices
	The Meaning of Life and Spirituality in different Cultures
	Applying Stories, Wisdom and Humor in different Cultures (Visualization and Verbalization)
Concepts & Techniques	The Positive Image of Man - the Role of Basic and Actual Capacities
	4 Aspects of Positive Psychotherapy - Education, Self-Management, Therapy and transcultural understanding
	3 Stages of Interaction and the understanding of individual and collective development
	Macro and Micro Trauma and Diagnostics
	Actual Conflict, Basic Conflict and Inner Conflict in Positive Psychotherapy
	5 Stages of First Interview, Therapy and Self-Help in Positive Psychotherapy
	Cooperation of different Therapeutic Methods in Psychotherapy
	Short-term Therapy – Bibliotherapy and Homework in Positive Psychotherapy
	Meditation, Prayer, Imagination and the Arts in Healing
	Therapist-Client-Relationship - Transference and Counter-Transference
Family, Life & Prevention	Children- and Youth-Therapy
	The Role of the Profession in the Development of Personality
	The Tasks of Youth in the Time of Globalization
	Partnerships, Couples and Families in the Age of Globalization - Prophylaxis and Therapy
	Life Crisis from the Perspective of Positive Psychotherapy
	Ageing in Different Cultures
	5 Stages of Grief Work - Dealing with Separation, Death and Loss in Different Cultures
Medicine & Clinics	Psychopharmacotherapy in the Therapeutic Process
	Psychosomatics and Psychiatry from a Transcultural Perspective
	Working with Anxiety, Aggression and Depression in Positive Psychotherapy
	Positive Dealing with Personality Disorders, Developmental Disorders and Sexual Disorders
	Therapeutic Strategies for Post-Traumatic-Stress-Disorder
	Quality Assurance and Empirical Studies in Positive Psychotherapy
	Ethics in Positive Psychotherapy
Cooperation & Application	Supervision, Self Experience and Intervision in Positive Psychotherapy
	Positive Group Therapy and Group Psychotherapy
	Positive Psychotherapy and Positive Psychology - Similarities and Differences
	Positive Psychotherapy in Pedagogic, Education and Prevention
	Positive Psychotherapy in Management and Leadership Training
	Law and Justice in the Age of Globalization and Radicalization
Additional Program	Train the Trainer
	Children Program
	Accompanying Persons and Partner Program
	Relaxation Exercises and Interval Training
	Interfaith Devotional Meetings